Virginia Parents’ Tips on Transition Planning

Dream Big
Love your child unconditionally, believe in him or her, provide encouragement, & dream big! You are your child’s biggest fan & advocate.

Student Voice
The student’s voice should be present whenever he or she is the subject of the conversation, not just at the IEP meeting.

Research
Researching best options & practices provides a powerful tool to advocate for your child.

Think Outside of the Box
It never hurts to discuss an idea concerning transition.

Collaborate
Community adult services provide valuable supports. Learning about the various services & building relationships early will ease the transition to adult services.

Student Involvement
A great way to build self-determination for a young adult with a disability is through the IEP process. Begin student IEP involvement early.

Family Involvement
The more the family is involved the more your child’s voice will be heard.

Learn more at: www.centerontransition.org

These tips were compiled from a survey by the Center on Transition Innovations & given to Virginia families whose children have transitioned from high school to adult options.